



Co-funded by the
Erasmus+ Programme
of the European Union



Call for Participants

Two-step training course

Promoting Well-being Competence in Youth Work

A1). 30.09.-06.10.2024 - A2) 24–30.04.2025

Kakheti Region, Georgia

Project summary

The project aims to contribute to quality improvement in youth work, specifically to educational youth work with trauma-affected young people to contribute to their well-being in different regions around Europe.

For European youth workers, it is important to work appropriately with young people who are affected by traumatic events. It became even more relevant with many young refugees seeking refuge from war or political prosecution. In the wider European context, the 2020 Karabakh war, the current massive fleeing of the ethnic Armenian population from there and the ongoing war in Ukraine are the most prominent triggers for conflict-inflicted traumata among young people. But it is not only the evident traumata of war that challenge young people but also traumata triggered by other external factors such as abuse, harassment, and (cyber) bullying which are common occurrences for many young people around Europe.

Accordingly, the project pursues the following objectives:

- ❖ To strengthen the educational competencies of youth and peer educators in trauma-responsive youth work
- ❖ To develop hands-on guidelines on trauma-responsive non-formal education for young people
- ❖ To foster cooperation between the participants and the project partners trauma responsive youth work for the personal development of young people

The same group of participants are supposed to attend 2 training courses:

1. **30.09.-06.10.2024. (arrival - SEP 30, departure - OCT 6) Gremi, Georgia** - the 1st training course aims at providing space for the group to explore key concepts related to mental health and trauma education in youth work
2. **24-30.04.2025, Georgia** - The 2nd training course will allow the same group of participants to practise trauma-informed approaches and methods relevant for the youth work context.

Participants profile

The training course involves 24 participants from **Armenia, Azerbaijan, Georgia, Germany, Poland, Portugal, Spain, and Ukraine.**

We invite participants who are involved in social and youth projects, initiatives and programs in various forms. Participants are expected to have the following profile:

- Be connected to youth and community work as an educator, project manager, volunteer etc. on a local level in their communities
- Curiosity and readiness to participate in activities related to trauma education, self-awareness and emotional regulation
- Curiosity and willingness to explore aspects of own well-being
- Willingness and readiness to engage into an intense and highly intercultural learning process
- Ability to communicate in English - Willingness and availability to fully participate in the project activities
- Be a minimum 22 years old

Venue and accommodation

The participants will be accommodated in a **glamping-type camping area** in Gremi village in the Kakheti region of Georgia. Most glamping places have shared bathrooms outside of their rooms. Bed linens and towels are provided.

The organisers will provide breakfasts, lunches, and dinners at the training venue, as well as two tea/coffee breaks per day.

Financial conditions

The project is partially financed by the Erasmus+ programme of the European Union. Board and accommodation are fully covered by the organisers. Moreover, 100% of the travelling expenses will be reimbursed by the organisers up to a maximum amount that is regulated by the Erasmus+ program per person:

Armenia - 180 Euro
Azerbaijan - 275 Euro
Georgia - 20 Euro
Germany - 360 Euro
Poland - 360 Euro
Portugal - 820 Euro
Spain - 700 Euro
Ukraine - 275 Euro

Please, consider that reimbursement will only be done for travel costs (cheapest mean of transportation, only economy class, no taxi) upon presentation of tickets/invoices and boarding passes for flight tickets.

Organizers will provide detailed information and tips in the planning process of travel to the training venue in Georgia.